

HAPPY ASIAN PACIFIC
AMERICAN HERITAGE MONTH

#APAHM20

Community, Connection, Collaboration

Asian Pacific American Heritage Month

in May is a time to celebrate the culture, traditions, and contributions of AAPIs.

Celebrate with the
National Association of
Asian American Professionals

www.naaap.org/apahm2020

May 1-31

[Nominate](#)

NAAAP100, Inspire, and Pride Awards

Nominate an APA leader – lifelong gamechanger in public, private or non-profit sectors - for one of three prestigious NAAAP awards, at www.naaap.org/programs/naaap100

May 6, 7-8 PM EDT

[Register](#)

Asian Americans: From Exclusion to Achievement

A fireside chat about the evolution from overt racism and xenophobia to celebration of APA achievements, featuring **Barb Lee, filmmaker, and Heidi Kim, UNC professor**

May 13, 7-8 PM EDT

[Register](#)

Asian American Identity and Self Compassion during Covid-19

Learn the founding principles of Mindful Self Compassion, self-compassion meditations, and gain perspective on how to deal with microaggressions, featuring **Dr. Ravi Chandra, Psychiatrist & Writer**

May 20, 2-3 PM EDT

[Register](#)

Asian ERGs - Connecting with their Communities

How are Asian ERGs making a meaningful impact on their communities? Hear success stories, metrics, challenges, and solutions of Asian ERG leaders making a difference, with **Santosh Mathew, NAAAP ERG Leaders Program Director**

May 27, 7-8 PM EDT

[Register](#)

Asian Pacific American Activism through Queer History

A lively discussion on our shared APA experience with a trained historian specializing in sexuality, gender, and race. **Speaker: Amy Sueyoshi, Dean of the College of Ethnic Studies at San Francisco State University.**